### Human Figure Posture Details:

#### Comfort ratings based on: Porter (1998)

|  |  |  |  |
| --- | --- | --- | --- |
| **Angle** | **Right** |  | **Left** |
| Head Flexion |  | -1.5 |  |
| Head Lateral |  | -0.1 |  |
| Head Rotation |  | 1.1 |  |
| Upper Arm Flexion | 41.1 |  | 28.4 |
| Upper Arm Elevation | -6.9 |  | 30.2 |
| Humeral Rotation | -60.0 |  | -60.0 |
| Elbow Included | 105.7 |  | 103.9 |
| Forearm Twist | 4.2 |  | 102.9 |
| Wrist Ulnar Deviation | 8.1 |  | 45.0 |
| Wrist Flexion | 15.2 |  | 2.0 |
| Torso Recline |  | 25.1 |  |
| Trunk Thigh | 90.3 |  | 95.9 |
| Leg Splay | -4.0 |  | 9.2 |
| Thigh Rotation | 7.6 |  | -12.4 |
| Knee Included | 122.4 |  | 110.3 |
| Foot Calf Included | 108.7 |  | 85.8 |

Green = within comfort range  
Yellow = outside of comfort range  
Black = not part of Porter (1998) data source

Comfort ratings based on: Porter (1998)

